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Ministero dell'istruzione e del merito

Istituto di Istruzione Superiore Statale "Gulli e Pennisi"
Liceo Classico di Acireale – Liceo Scientifico di Aci Bonaccorsi
Via Mario Arcidiacono, s.n. – 95024 Acireale (CT)
☏ 0956136040 – Codice Meccanografico: CTIS044007
Codice Fiscale: 90055030879 – Codice Univoco Ufficio: UFXL21
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WEB: http://www.gulliepennisi.edu.it

Circolare 328

Acireale, 26 febbraio 2025

I.I.S.S. "Gulli e Pennisi" di Acireale
Prot. 0002277 del 26/02/2025
I (Uscita)

Ai genitori
Agli studenti e alle studentesse
Liceo Classico
Liceo Scientifico

Ai docenti accompagnatori
Prof. Rosario Tropea
Prof.ssa Alessandra Scalzo
Prof.ssa Patrizia Vinciguerra
Prof.ssa Veronica Novara

Alla docente referente
Prof.ssa Patrizia Vinciguerra

Al direttore dei servizi generali e amministrativi
Dott.ssa Graziana Caltabiano

A.S. 24/25

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TRASMESSA VIA @
PUBBLICATA IN www.gulliepennisi.edu.it

Oggetto: Stage Linguistico in Irlanda – trasmissione materiale informativo.

Si allegano alla presente il seguente materiale informativo con l'invito di una attenta e meditata lettura da parte di tutte le componenti direttamente coinvolte nello stage linguistico.

1. Programma dettagliato delle attività;
2. Residential guidelines – wellcome pack;
3. Code of online conduct;
4. Staying in Clink Hostel;
5. Dublin group rules, con l'invito a prendere visione delle multe in caso di comportamento scorretto.

Le eventuali sanzioni pecuniarie saranno personali; pertanto, non potrà essere effettuato alcun ricorso attraverso questo Istituto e non potrà essere addebitata alcuna responsabilità ai docenti, i quali avranno

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cura di sensibilizzare, unitamente ai genitori, i partecipanti e le partecipanti all'attività di stage.
Si invitano, altresì, i genitori a sottoscrivere il patto di corresponsabilità educativa di cui alla Circolare 306 del 13 febbraio 2025, che viene allegato alla presente Circolare.
Cordialmente,

Il Dirigente Scolastico
Dott. Tarcisio Maugeri
documento firmato digitalmente ArubaPEC S.p.A. NG CA 3

PATTO DI CORRESPONSABILITÀ
STAGE LINGUISTICO IN IRLANDA

02 MARZO 2025 – 08 MARZO 2025

Lo stage linguistico all'esterno è il frutto di un'attività educativa programmata e svolta secondo regole, valori e obiettivi propri di questo Istituto Superiore.
Tali attività devono essere un momento importante di crescita dell'individuo e del gruppo ed hanno come scopo:

- l'arricchimento culturale e professionale,
- l'esercizio delle buone pratiche della convivenza civile,
- la socializzazione,
- la cura dell'immagine del proprio Istituto, della propria Città e della propria Nazione.

I viaggi d'istruzione e le visite guidate si inseriscono in maniera organica nella programmazione d'inizio anno scolastico, in quanto essi costituiscono iniziativa complementare alle attività istituzionali dell'Istituto. Si tratta di attività educative e didattiche a tutti gli effetti anche se vissute in un contesto ambientale diverso da quello consueto dell'istituzione scolastica.
La partecipazione agli stage linguistici all'estero comporta un'assunzione di responsabilità:

1. da parte dell'Istituto e dei docenti, quanto all'organizzazione e alla vigilanza, qualora gli studenti e le studentesse siano nel raggio di azione dei docenti;
2. da parte degli studenti e delle studentesse quanto al comportamento e alla condivisione degli obiettivi
3. da parte dei genitori degli studenti e delle studentesse relativamente alla segnalazione di situazioni particolari e ad eventuali danni a persone o cose causati da un comportamento scorretto dei rispettivi figli.

Il seguente patto di corresponsabilità educativa è stato deliberato dal Consiglio di Istituto del 08 settembre 2023.

L'ISTITUTO SUPERIORE SI IMPEGNA

1. Ad organizzare lo stage linguistico all'estero, secondo criteri di efficacia educativo-culturale e di economicità, nella consapevolezza che tali viaggi, complementari delle attività curriculari, contribuiscono in modo significativo all'azione formativa e a migliorare il livello di socializzazione tra studenti e tra studenti e docenti, in una dimensione di vita diversa dalla normale routine scolastica;
2. a fornire attenta e scrupolosa vigilanza agli studenti e alle studentesse (*culpa in vigilando*);
3. a fornire supporto agli studenti e alle studentesse durante tutte le fasi del viaggio.

LA FAMIGLIA SI IMPEGNA

1. a conoscere e sottoscrivere tutte le norme e i regolamenti relativiai viaggi in vigore nella scuola, coadiuvando il docente nel compito di far recepire la valenza autentica di questa tappa nella

crescita culturale e formativa degli studenti e delle studentesse;

2. a comunicare per iscritto alla scuola specifiche situazioni di salute e peculiari necessità medico-sanitarie che possano influire sul benessere dello studente o della studentessa (allergie, malattie cronicheetc.) e a fornire alla scuola tutte le informazioni necessarie alla tutela della salute e sicurezza dello studente. La scuola si riserva l'opportuna valutazione di quanto presentato anche ai fini dell'assunzione di responsabilità.
3. A provvedere a fornire al figlio o alla figlia i farmaci che assume di solito per disturbi lievi;
4. A controllare il contenuto dei bagagli del proprio figlio o della propria figlia prima della partenza.
5. A essere sempre reperibili telefonicamente per tutta la durata del viaggio;
6. In caso di comportamenti particolarmente scorretti, i genitori sono tenuti a prelevare il proprio figlio o la propria figlia in loco a seguito di valutazione da parte dei docenti accompagnatori;
7. In considerazione del fatto che nel college, che ospita gli studenti o le studentesse, si ha il diritto al riposo notturno, almeno dalle ore 24:00 alle ore 07:00 del mattino seguente, si invitano i genitori a intensificare nei confronti del proprio figlio o propria figlia e in particolar modo prima dei giorni della partenza, le occasioni per impartire del dovute direttive, *ex* art. 147 ed art. 2048 del Codice Civile (*culpa in educando*), mirate specificatamentea far assumere allo stesso o alla stessa un corretto e consapevole comportamento da mantenere in ogni momento dell'attività e ad attenersi scrupolosamente a quanto disposto da questo Istituto e precisamente:
    a. lo studente o la studentessa non dovrà mai allontanarsi dal gruppo-classe, dalla scuola di lingue o arbitrariamente dal college su iniziativa personale senza aver chiesto la preventiva autorizzazione al docente o dell'adulto responsabile;
    b. in occasione dei pernottamenti, dalle ore 00:00 alle ore 07:00 del giorno seguente, lo studente o la studentessa dovrà **dedicare tali ore al riposo,** non dovrà mai allontanarsi dal college. Eccezioni solamente in caso di eventuale indisposizione o di altra necessità dovrà rivolgersi ai docenti.
    c. non commettere atti che potrebbero causare infortuni alle compagne, ai compagni o a sé stesso o danni alle cose, sia nei locali della struttura ospitante che in ogni altro momento dello stage linguistico;
    d. attenersi diligentemente ad ogni altra istruzione impartita dai docenti accompagnatori o dai lavoratori presenti nella struttura ospitante o scolastica;
    e. non utilizzare i dispositivi elettronici e i social media in maniera impropria;

LO STUDENTE O LA STUDENTESSA SI IMPEGNA

1. A essere puntuale alle adunate;
2. A osservare gli orari di veglia e di riposo;
3. A non usare in modo improprio i propri dispositivi mobili. L'Istituto superiore, a tal proposito, non ha responsabilità derivante dall'uso improprio dei telefoni cellulari posseduti dagli studenti o dalle studentesse. Qualsiasi comunicazione scritta o multimediale prodotta, come qualsiasi messaggio inviato sarà pertanto esclusiva responsabilità dei proprietari del telefono cellulare e della scheda telefonica;
4. Contattare i familiari senza intralciare l'attività didattica, tranne in casi di estrema necessità, previa autorizzazione dell'adulto di riferimento.
5. Non allontanarsi mai dal docente o dagli adulti di riferimento a cui si è stati affidati, obbedire

scrupolosamente alle sue disposizioni e osservare le regole di una corretta alimentazione per evitare disagi nella gestione dei gruppi;

6. Portare con sé i rimedi a cui si è abituati se si soffre di qualche disturbo (per esempio compresse per il mal d'auto); i genitori provvederanno a documentare per iscritto il problema, anche se momentaneo, e le eventuali cure a cui di solito i loro figli sono sottoposti (compilando scrupolosamente la scheda informativa che poi verrà consegnata al docente accompagnatore).
7. Evitare di portare oggetti di valore;
8. Utilizzare eventuale denaro a sua disposizione per acquisti leciti e opportuni, nello specifico il pagamento di eventuali ingressi ai musei previsti dal piano del viaggio d'istruzione.
9. Viaggiare seduto sui mezzi di trasporto, evitando spostamenti, rumori eccessivi e consumo di cibi e bevande;
10. Non affacciarsi dai finestrini del mezzo di trasporto e non infastidire l'autista cui è affidata l'incolumità dei passeggeri.
11. A non schiamazzare nel posto di residenza, nella scuola di lingua e in tutti i luoghi da visitare e tenere un contegno sempre corretto, in modo che gli altri non abbiano a pentirsi di averci ospitato e conosciuto. A osservare ciò che si vede, partecipare con interesse alle attività programmate e cercare di trarre insegnamento dalle occasioni che vengono offerte.
12. A non portare nel proprio bagaglio oggetti impropri che possano pregiudicare l'incolumità sua, dei compagni di viaggio e di qualsiasi altra persona.
13. Non consumare bevande alcoliche o sostanze stupefacenti;
14. Non fumare.

Il dirigente scolastico	**I genitori**	**Lo studente o la studentessa**
Dott. Tarcisio Maugeri	Mediante presa visione e adesione in Argo	Mediante presa visione e adesione in Argo

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DETAILED TIMETABLE

DAY	MORNING	LUNCH	AFTERNOON	EVENING
02/03 - Sunday	**Getting there:** **ARRIVAL - CHECK DETAILS ABOVE** **Details:**	LUNCH	**Getting there:** **ARRIVAL - CHECK DETAILS ABOVE (Packed dinner)** **Details:** **Packed dinner on arrival.** The hostel team recommends that the group goes straight to dinner upon arrival, leaving the check-in process until after the meal. This will ensure a smoother experience for everyone as their kitchen staff usually don't work until that late.	NO EVENING ACTIVITY
03/03 - Monday	**Getting there:** All students should arrive at Future Learning School by 09:00 AM. 09:15 12:35 **FUN AND ENGAGING PROJECT-BASED LEARNING LESSONS** **Details:** Please when you arrive at the Future Learning reception inform the name of your group to the receptionist. Future Learning staff will come to collect your group once everyone has arrived.	LUNCH	**Getting there:** The group will meet FL staff at Wolfe Tone Square at 14:00. From there, they will start their orientation tour with FL staff. After that, they will walk to St. Patrick's Cathedral for their audio guided tour. 14:00 - 17:00 **ORIENTATION + SAINT PATRICK'S CATHEDRAL - THE ARCHITECTURAL CHALLENGE - WITH FL STAFF** **Details:** St. Patrick's booked for 3:30 PM. - Order Reference D6BNX5365 FL Staff Josh +353 87 909 2678 FL Staff Daniel +353 87 947 6102	NO EVENING ACTIVITY
04/03 - Tuesday	**Getting there:** All students should arrive at Future Learning School by 09:00 AM. 09:15 12:35 **FUN AND ENGAGING PROJECT-BASED LEARNING LESSONS** **Details:**	LUNCH	**Getting there:** The group will meet FL staff at Wolfe Tone Square at 14:00. From there, they walk to to Jeanie Johnston. 14:00 - 16:30 **JEANIE JOHNSTON + TEMPLE BAR CHALLENGE - WITH FL STAFF** **Details:** Slot 1: 2.00pm - 22 students + 3 leaders Slot 2: 3.00pm - 23 students + 3 leaders Ref: SN844T54 While students from slot 1 are having the tour at Jeanie Johnston, students from slot 2 will start the Temple Bar Challenge, and then later students from slot 1 will do the challenge. FL Staff Daniel +353 87 947 6102 / FL Staff Josh +353 87 909 2678	NO EVENING ACTIVITY
05/03 - Wednesday	**Getting there:** All students should arrive at Future Learning School by 09:00 AM. 09:15 12:35 **FUN AND ENGAGING PROJECT-BASED LEARNING LESSONS** **Details:**	LUNCH	**Getting there:** The group will meet FL staff at Wolfe Tone Square at 13:30. From there, they walk to Christ Church Cathedral. 13:30 - 17:30 **CHRIST CHURCH CATHEDRAL + CHESTER BEATTY LIBRARY - WITH FL STAFF** **Details:** Christ Church booked for 1:45 PM. After the Christ Church visit they will visit Chester Beatty Library. Chester Beatty slot 1 booked for 3:00 PM. Chester Beatty slot 2 booked for 4:00 PM. FL Staff Daniel +353 87 947 6102 / FL Staff Josh +353 87 909 2678	DISCO NIGHT AT FL SCHOOL FROM 19:30 TO 21:30.
06/03 - Thursday	**Getting there:** All students should arrive at Future Learning School by 09:00 AM. 09:15 12:35 **FUN AND ENGAGING PROJECT-BASED LEARNING LESSONS**		**Getting there:** 14:00 - 16:30 **** AFTERNOON WITH GROUP LEADERS - NO ACTIVITY BOOKED WITH FL**	NO EVENING ACTIVITY

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	Details:		**Details:**	
07/03 - Friday	**Getting there:** All students should arrive at Future Learning School by 09:00 AM. 09:15 12:35 **FUN AND ENGAGING PROJECT-BASED LEARNING LESSONS** **Details:** Project Presentation at around 11:20. - Group Leaders should be present.	LUNCH	**Getting there:** The group will meet FL staff at Wolfe Tone Square at 14:00. From there, they walk to Dublin Castle. 14:00 - 16:00 **DUBLIN CASTLE, GARDENS - WITH FL STAFF** **Details:** FL Staff Daniel +353 87 947 6102	NO EVENING ACTIVITY
08/03 - Saturday	**Getting there:** **DEPARTURE - Check details above (Packed breakfast)** **Details:** **Packed breakfast on departure.**	LUNCH	**Getting there:** **Details:**	NO EVENING ACTIVITY

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FAQ
Mini-Stay Residential Programme
Staying in Clink i Lár Hostel

1. How close is Clink Hostel to our school? 2
2. What essentials should I bring with me? 2
3. What amenities are provided in the rooms? 2
4. What are the cleaning and housekeeping arrangements? 2
5. What are the hostel's security, curfew, and quiet hour policies? 3
6. Who should I contact if I need assistance in the hostel? 3
7. Are there specific dietary requirements for meals? 3
8. How are meal times organised for large groups? 3
9. What are the rules for common area use? 4
10. When can students be at the hostel during the day? 4
11. Is Wi-Fi available, and is it free? 4
12. Are there laundry facilities? 4
13. Is there a fee for losing or damaging a key card? 5
14. Is there a fine for damages? 5
15. Is Clink Hostel safe for students? 5
16. Is Smoking allowed indoors? 5

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1. How close is Clink Hostel to our school?

Clink Hostel is just a 2-minute walk from your school, making it easy to commute back and forth each day.

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2. What essentials should I bring with me?

- **Towels:** Please bring your own, as towels are not provided.
- **Toiletries:** Toiletries (soap, shampoo, toothpaste) are **not** provided, so be sure to pack these.
- **Power Adapter:** Each bed has a personal power socket, but you'll need an adapter for Irish outlets.
- **Hair Dryers:** It's advised to bring one, though group leaders can borrow a limited number from reception if necessary.
- **Padlock:** Rooms have lockers; bring a padlock if you wish to secure your belongings.

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3. What amenities are provided in the rooms?

Each bed is equipped with:

- **Power Socket:** Bring an adapter if your plug is not compatible with Irish outlets.
- **Reading Light:** Perfect for quiet, individual lighting.
- **Bed Linen:** Provided for each student.
- **Locker:** Bring a padlock if you'd like to lock up your belongings.

---

4. What are the cleaning and housekeeping arrangements?

- **Rubbish Bins:** Emptied regularly to keep rooms tidy.
- **Room Cleaning:** Rooms are cleaned once a week.

- **Linen Changes:** Fresh bed linen is provided.

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5. What are the hostel's security, curfew, and quiet hour policies?

- **Reception:** Open 24 hours a day.
- **Security:** Security personnel are stationed at the door after 6 PM.
- **Curfew:** All students must be in their rooms by 9 PM. Fine of €100 per student if broken.
- **Quiet Hours:** 10 PM to 8 AM, ensuring a peaceful environment for everyone.
- **Corridor Policy:** Students are not allowed in the corridors between 9 PM and 7 AM to respect quiet hours.

---

6. Who should I contact if I need assistance in the hostel?

If you need any assistance while in the hostel, **always contact your group leader first**. They are there to support you and will be your main point of contact.

---

7. Are there specific dietary requirements for meals?

Yes, dietary requirements are accommodated, but **these must be communicated at least 4 weeks before your group's arrival**. Be sure to inform your group leader about any dietary needs well in advance.

---

8. How are meal times organised for large groups?

To manage meal times efficiently:

- **Breakfast:** 30-minute slots, with groups over 40 split into two.
- **Dinner:** 45-minute slots. The School and the group leaders will assign meal slots for students.

---

9. What are the rules for common area use?

To maintain a comfortable stay:

- **Group Size:** Up to 20 students can use the common areas at one time.
- **Supervision:** Students must always be accompanied by a group leader in common areas.

---

10. When can students be at the hostel during the day?

Students are only allowed in the hostel during the day when accompanied by a group leader. Unsupervised daytime access is not permitted.

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11. Is Wi-Fi available, and is it free?

Yes, Clink Hostel provides free Wi-Fi throughout the premises, including in rooms and communal areas.

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12. Are there laundry facilities?

Yes, the hostel has self-service washers and dryers. Detergent can be purchased from reception if needed.

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13. Is there a fee for losing or damaging a key card?

Yes, there is a €50 fine for lost or damaged key cards, so please keep your card safe.

14. Is there a fine for damages?

Yes, there is a fine for any damage caused to hostel property that will vary depending on the extent of the damage.

15. Is Clink Hostel safe for students?

Yes, Clink Hostel prioritises safety with:

- **24-Hour Reception**
- **Evening Security Personnel:** Present from 6 PM.
- **Key Card Access:** Required for rooms and floors. Lockers are provided in each room; remember to bring a padlock for any items you wish to secure.

16. Is Smoking allowed indoors?

No, smoking is not allowed indoors.

- **There is a €250 fine per person if they are caught smoking in their rooms.**
- **It is considered bad for young people to smoke and drink. This is not just a question of manners, but it is also a matter of law. Smoking is prohibited by law in all workplace areas.**

CODE OF ONLINE CONDUCT

FUTURE LEARNING



FUTURE LEARNING'S
CODE OF ONLINE CONDUCT

Free use of technology is great socially and educationally for everyone, however it is important to use it responsibly to enhance your experience in Ireland.
For the benefit of everyone, please follow these norms of behaviour when using technology.

Please read and remember the following throughout your stay:

- Use technologies responsibly at appropriate times and in suitable places.
- Behave in the same respectful and responsible way online and offline.
- Treat all shared resources with care and let an appropriate adult know if there is any problem with them.
- Encourage friendly, helpful discussion when collaborating or communicating with these technologies.
- Tell an appropriate adult about anything you see that is threatening, inappropriate, or harmful, including images, messages, and postings.
- When using online sites and resources for research, always say where you got the information.
- Help to protect the security of school resources - they are your shared resources.
- Use technologies in a way that avoids being personally or physically harmful to yourself or others.
- Avoid accessing inappropriate images or content.
- Help to prevent cyber-bullying, harassment or disrespectful conduct toward others.
- Respect your school's safety measures, such as filtering tools and stay within them.

- Help to prevent the use of spam or chain messages - they are always annoying and often offensive.
- If any content you use was made by someone else, give their name as the original creator.
- Personally-identifying information about yourself or others should be kept private and never posted when anyone can see it, even on social media.
- Only use language online that would be okay to use in the classroom.
- For the benefit of everyone, help to stop the use of technologies for illegal activities or to look for information on such activities.
- Respect restrictions on the sites, servers, or accounts, or content that isn't intended for your use.

It is not possible to include everything that can happen so please use your own good judgment when using technologies, both in your new High School and with your Host Family.



FUTURE LEARNING HEAD OFFICE

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FUTURE LEARNING DUBLIN CENTRE

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Different
Innovative
Exciting



CLINK i LÁR

hostel information

A few tips on making sure your group has the best time



CHECKOUT IS AT 10:00AM

Rooms must be vacated by this time.



Save On Your Meals!

We have amazing food deals for both groups and individuals! Get in touch today to talk to our team.

Reception is open 24/7

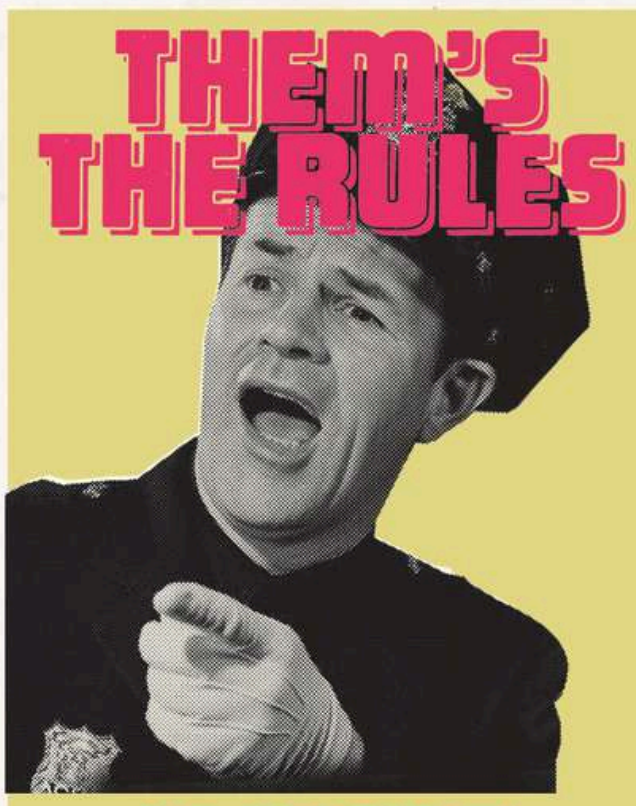
If you have a question or any issues just pop down and one of our friendly team will be able to help!



THANK HEAVENS FOR THE TRAVEL SHOP

If you haven't booked any tickets for tours or attractions yet, we recommend Get Your Guide website for tickets Our Reception Team can help organise this for you - Just ask!

We've also got you covered with adaptors, padlocks, toothbrushes and plenty of other travel essentials all available to buy at Reception.



THEM'S THE RULES

NO SMOKING!

It is illegal to smoke anywhere in the building (including e-cigarettes) or to interfere with the fire alarm/smoke detection system. The front steps are not considered outside space; therefore, it is also forbidden to smoke there. Anyone smoking on the hostel grounds will be fined €50.

ALCOHOL

Due to our license, it is strictly forbidden to bring alcohol into the building. If a group member is found in possession of alcohol, the drinks will be confiscated and the person will be fined €50. This is an obligation by law that we are required to enforce.

DRUGS

Anyone found using drugs while staying at Clink, will be fined €250 and asked to leave the premises immediately without refund.

CURFEW

All under 18 year olds must be in their rooms/dorms by 21:00. There's a **€100 fine** for breach of the curfew.

HARASSEMENT & BAD BEHAVIOUR

Harassment/Bad behaviour: In the event of group members harassing or behaving in ways that are not appropriate to staff or guests, they will be asked to leave, and no refund will be given.

PROPERTY DAMAGE

Guests will be expected to reimburse the hostel for any damages caused by inappropriate behaviour or breakage caused during their stay.

FOOTWEAR

For Health & Safety footwear must be worn in all common areas.

Thank You



PLEASE KEEP IT DOWN!

Please be mindful of our other guests. Please ensure noise levels are kept to a minimum in our room and dorm areas

Security

Our security team are on duty every night. CCTV cameras are up in all communal areas and corridors.

IN CASE OF FIRE

On the back of each bedroom door is a fire notice and escape route.

Please make sure to familiarise yourself with these instructions. If you discover a fire, raise the alarm by breaking the 'break glass unit' located on each corridor and then proceed to comply with the following evacuation plan:

- Do not panic
- Leave the building at once using the nearest escape route
- Do not stop to collect any personal belongings
- Do not re-enter the building until safe anddirected to by a member of the hostel staff

KEEP YOUR BELONGINGS SAFE!!

Don't forget to lock up your belonging. We have free lockers and a luggage room to keep your stuff safe. Padlocks are available to buy at Reception.

Clink does not take responsibility for any stolen or damaged property.

BREAKFAST

Breakfast is served on the first floor. The leader must be present 5 minutes before the breakfast time slot allocated to the group on check-in.

It can get busy in the morning, so to make sure that everyone has a great start to the day, we ask you to respect the time slot that has been allocated to your group.



LUGGAGE

If you're leaving the city later in the day, you're welcome to use our luggage room.

Make sure to let Reception know in advance of your check-out day.

FUTURE LEARNING

RESIDENTIAL GUIDELINES

SUMMER AND MINI-STAY STUDENTS ONLY



WELCOME TO FUTURE LEARNING

Dear student,

You are about to start an exciting adventure and make memories which will remain with you for the rest of your life! You are also coming to Ireland to learn the language and experience Irish culture. Imagine you are a cultural investigator; observe, listen, participate and always try your best to understand and ask questions. It's natural to feel a little nervous in advance of this exciting journey.

Forming good connections and building a relationship with your friends and teachers and the school's staff will help you to settle in Ireland. In the many years that we have been looking after international students, we have noticed that there are particular scenarios and situations that come up and we hope that by explaining them to you in advance, you will know what to expect and be better prepared to deal with them successfully. We are talking here about what to expect from your accommodation in general but with specific tips for your stay in Ireland too.

IMPORTANT FL CONTACT INFORMATION FOR RESIDENTIAL STUDENTS:



Accommodation Officers:

Dublin: Elaine: elaine@flireland.com, Ruth: ruth@flireland.com,
Wiktoria: wiktoria@flireland.com, and Krys(Coordinator): krys@flireland.com
Athlone: Annette: annette@flireland.com & Wiktoria: wiktoria@flireland.com
Sligo: Jenny: jenny@flireland.com
General queries: info@flireland.com

Please, contact the local Accommodation Officer above for any host family matters.

Future Learning Emergency Phone: +353 (0)87 103 7744.
Please, call this number only in a real emergency; this number is not for general enquiries.

Welcome

RESPECT & PARTICIPATION

Take in all impressions and information you can, remember, this is a different culture and people in Ireland and students from other places do things differently to you. That does not mean it is better or worse than your way, it is just different. Always be respectful in your words and actions and tolerant of social, cultural and personal differences. Sometimes, comparing the Irish customs to your own can be misunderstood as saying “my way is better”. and after all – to truly learn about Irish culture you also have to accept the differences. Participation is also important and while there may be times you would rather stay in your room, it is not good to isolate yourself. You are here to take part in all aspects of the programme and should give it your best efforts.

Residential Tip: You are allowed to hang out in the communal areas of the residence, but don’t forget to tidy up after meals or snacks.

THE POWER OF POLITENESS

One of the MOST important values for Irish people is to be polite. If you can remember to ALWAYS say "thank you", and "please" then it will be much easier to resolve any misunderstandings. Whenever a staff member hands you something, makes something for you or does something kind for you, always say "thank you" and when you ask them for something to add “please” at the end, if you need to interrupt or get past then use “excuse me”.

ALWAYS ASK

If you are not sure what to do about anything, always ask for advice from your group leaders or residence staff, they will understand. They will try to help you as much as possible. Even these everyday interactions are a great opportunity to use your English and if they are correcting you that is even better. There is so much to learn and there is no such thing as a stupid question, ask in any way that you are able. Our staff and residence staff will be happy to help you during your stay.

WIFI, TRANSPORT, RULES





ROOM KEY CARD

It is your responsibility to keep the key card for your room safe. Students are not allowed to be in the residence during class times or breaks and without the supervision of their group leaders.

PHONE & INTERNET

Future Learning is a technology enhanced language school and you will have internet access at all times, both in the school and at the residence. Passwords will be provided to you on your first day.

SCHOOL

Our Mini-Stay students attend our own school in the city centre, during summer they will have lessons in a secondary school or university. A detailed schedule will be provided in advance by email. The school is just a 5 minute walk from where you're staying - which makes it super handy to walk to in the morning and evenings!

TRANSPORT

Because your residence is so close to the school and right in the city centre, you won't be needing a Leap card or any transport tickets.

You will be picked up from the airport on a private coach and left directly in the residence.
If you have activities planned during the week that require taking a public transport, our staff will be responsible for giving you a transport card with credit in it.

FOOD AND MEALS



FOOD

While Ireland still does not have a food culture comparable to those of Italy, Spain or France, restaurants are starting to give greater value to their culinary heritage. In Ireland, traditional dishes such as roast leg of lamb or roast beef still form the centre-piece of weekend dinners. Cooks still combine simple ingredients such as mashed carrots and parsnips and rich, golden butter to produce wholesome, delicious dishes free of elaborate sauces or exotic spices.

In Ireland, the culture of food may be different to what you are used to. Remember, you are here to experience the local culture and while you may not be familiar with the food you are served, it is polite to try it. Another important cultural difference is differences in meal times and if you don't adjust to eating at Irish meal times you will be hungry later, start with breakfast and eat some of what is offered. If there is anything that you are not able to eat make sure to tell your group leaders. Typical meals in Ireland are Breakfast of fruit, cereal, toast and tea at 7-8am, Lunch of sandwiches and drink 1-2pm, Dinner of meat, vegetable and potatoes at 6-7pm.

As a residence student, you will be provided with the following:
Breakfast at the residence
Packed lunch consisting of sandwiches, snack/fruit and drink
Hot dinner at the residence

DO'S AND DON'TS WITH FOOD

Don't

- Say "I don't like this" or "this doesn't look good". This will be considered rude and an offence to those who prepare the food. If you really don't like the food – and you get the food every day/week – it's ok to say in a nice way that it is not your favourite. Also, don't say you really like something if you don't.
- Take more on your plate than you can eat. It is not acceptable to throw away food. It is much better not to take enough the first time and then ask for seconds.
- Leave the table or the dining area before everybody is finished!

Do

- Try everything! If you don't try, you will not know if you like it!
- Eat the same food as everyone else! It is considered inappropriate for individuals to request special foods for themselves (aside from dietary requirements).
- Eat without worrying too much. Food is a big part of a country's culture and you have to try it all!

HOUSEKEEPING



CLEANLINESS

The cleaning routine is important for everyone but it can be very different from the habits in your house. Every country has a different schedule and ways to clean and tidy their place, be mindful of the different rules and adapt to them. A strong smell of cleaning products is taken as an essential sign of a clean house by some people and considered unhealthy by others.
That something is different or new to you doesn't have to mean bad. It is part of the experience of a different culture. Keeping your space clean is part of your responsibility too, even if someone else does it for you back home. Tidy up your bedroom regularly and play a part in looking after the common areas.

Residence Tip: Keep things in perspective. What is most important is that people are kind, the place is warm, you are given enough food and are being well looked after. If there is anything which makes you feel uncomfortable, explain it to the group leaders and you can work on a solution together.

LAUNDRY

You will not be able to do laundry every day and should plan what you wear around a weekly schedule. The residence has a specific area available for you to do your laundry: it might be busy at certain times of the day, so prepare your laundry accordingly.

THE BATHROOM

You will be sharing a bathroom with some of your friends; it is your responsibility to clean up after you use it. Remember to clean the tub or the shower basin after you have finished and to dry the floor if it gets wet. When you are sharing a bathroom try to respect your turn and not to spend too much time in the bathroom during "rush hours." Find out what works best for you and the others.

ROOMING & LIGHTS OUT

If you are up all night you will not be able to take an effective part in lessons and activities. Future Learning takes it as an important part of our responsibilities to ensure that you are home safely at a set time. It is critical that you keep in contact with your group leaders and that they are able to contact you at all times. If you are missing and have not communicated with them, then they will contact Future Learning to try and find out what has happened.

All students must be in their rooms no later than 9pm.

RULES & LAW

The rules we ask you to follow are not meant to limit your freedom but to ensure that your stay is safe and that your experience is of the highest quality. Future Learning Ireland participants must obey the laws of Ireland. Future Learning cannot protect you if you disobey any laws during your stay.

SAFETY IN A BIG CITY



SAFETY TIPS

Uncomfortable social situations can occur in any society. Such situations are most common among teenagers, an age group which is generally eager to try new and unknown experiences. It can be difficult to handle a new situation within your home society but in a culture that is new to you, such a situation can seem even more confusing. By presenting you with some legal and cultural rules in Ireland we hope to help you make informed decisions.

In any situation you may encounter during your stay in Ireland, it is important to keep in mind that you should not compromise your personal moral values or do anything that makes you feel uncomfortable while you are here on the exchange programme. While it is important for an exchange student to be open-minded, adventurous and accepting of the host culture, this does not mean you should ignore everything you have learned in your home culture. It is always a good idea to observe the behaviour of those around you, then follow what your inner voice tells you about what you have learned concerning what is right and what is wrong.

The best general advice regarding issues of personal safety is as follows:

- Get to know the host culture through questions, dialogue and discussion with your host family, peers and the local contacts.
- Take seriously any concerns expressed by your group leaders, FL student coordinator and school and follow their advice.
- Do not ignore your own instinct in any given situation or feel you have to compromise your own personal behavioural values and beliefs. These are valuable resources in making decisions about what to do.

SAFETY WHEN MOVING AROUND

In some countries or in communities where there may have been incidents of crime or violence, (burglaries, bag snatching, thefts, assault, pick pocketing), there may be public service organisations (schools, the police, community service) advising local residents about the problem and giving recommendations regarding personal safety.

Ireland is considered a rather safe country but like any other country, you should be cautious: there may be some places in local areas where you should avoid going, you should always dress in an appropriate manner, you should always be careful about your belongings (cameras, bags, books, etc.).

SAFETY IN A BIG CITY



EMERGENCIES

The role of the police - the Irish Police is called Garda - varies from country to country. In case you are stopped for any reason, you may not understand everything you are being told. In this case it is very important to reply with as much respect as possible and to cooperate, even if you are not sure of exactly what is going on. Always identify yourself as an exchange student. Should the situation become more complicated, contact your group leader or Future Learning student coordinator. Always keep their numbers to hand.

To call the Police (Garda), the Ambulance Service or the Fire Brigade the number is 999 or 112.

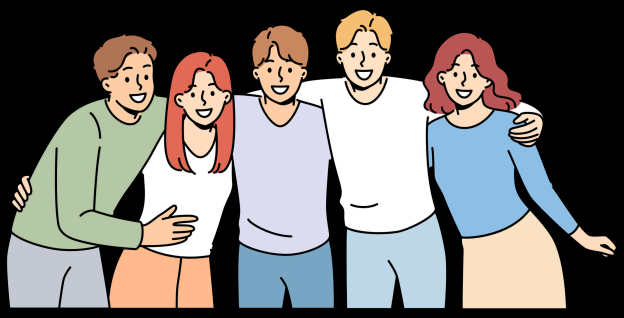
ILLNESS, INJURY & WELL-BEING

If you feel unwell or injure yourself in any way, talk to your host family first. They will help you to seek assistance. In case of a serious illness or accident your host family will contact the Future Learning student coordinator and your parents. If you can't contact them for any reason please call the Future Learning emergency number +353 871037744.
If you can't contact anyone in a real emergency you can call the emergency services on 999 or 112.

Medical systems differ from country to country. In Ireland we do not go to the hospital or ER straight away for minor ailments such a cold etc. ER patients are seen in order of the severity of their illness and it may take a number of hours to be seen unless it is something urgent/life threatening. The pharmacist and then the GP are the first point of contact.

If difficulties do arise, which you feel unable to handle with your host family or school mates or if you cannot approach your teachers about something personal that troubles you, it is important to talk to the Future Learning team. They will listen without judgment and suggest help where that is needed. It is an important part of your experience to learn to communicate your concerns and look for solutions on your own behalf whenever possible. Keeping worries to yourself will only prolong the concern.
If you get homesick talk about that too and then get up and do something! Homesickness comes from missing people or things that are familiar. Make yourself familiar with your new surroundings! If you feel unhappy, talk to your group leader or Future Learning student coordinator. They are there for you and they want you to be happy.

BE SAFE!



When you think about this advice you will realise that it does not only apply to your time in Ireland but that it is important everywhere.

RULE 1: DON'T GO OUT ALONE:
THINK ABOUT IT before you go. Remember that if you can avoid situations that put you at risk in the first place, you're already one step ahead. There is safety in numbers and this rule is not just for young children, it applies to everyone. We are always safer if we take, for example, a fellow student.

RULE 2: ALWAYS TELL AN ADULT WHERE YOU'RE GOING:
Again, THINK ABOUT IT. NEVER, EVER go somewhere with someone you don't know. This includes hitching rides. Letting someone know where you'll be at all times is smart. If you're ever faced with a risky situation or get into trouble, your host family FL staff member or a fellow student will know where to begin looking for you.

RULE 3: IT'S YOUR BODY:
During your exchange experience, you could face a situation that could put you in an uncomfortable position. You will constantly have to make decisions for yourself and may be faced with peer pressure about many things from who your friends are – male or female – to exposure to drugs and sex. One more time: THINK ABOUT IT. You have the right to reject unwanted and inappropriate attention such as teasing, touching, and bullying., THINK ABOUT IT. NEVER, EVER go somewhere with someone you don't know. This includes hitching rides. Letting someone know where you'll be at all times is smart.

RULE 4: SAY NO IF YOU FEEL THREATENED, AND TELL A TRUSTED ADULT:
Don't be afraid to stand up for yourself. Listen to your intuition and follow your best judgment. If your friends are making bad decisions, you don't have to. Have the confidence to say NO if anyone makes you feel uncomfortable about anything. And remember, it's never too late for you to tell an adult if anything is bothering you. If someone – anyone – touches you in a way that makes you feel uncomfortable, you have the right to say no. Whether it is peer pressure about sex, drugs, or doing something that you know is wrong, be strong and stand your ground. Don't be afraid to make your feelings known.

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